

## **Cleaning and Disinfecting Instructions**

Proper care and cleaning is essential to ensure a long life of accurate and effective weighing.

**Caution: If the scale has a power adapter or battery charger, disconnect the scale from the power source prior to cleaning the unit.**

1. Health o meter® Professional recommends using one of the following solutions on a soft cloth or disposable wipe:
  - mild soap and water solution
  - 70% isopropyl alcohol
  - solution with 1-5% hydrogen peroxide concentration

After cleaning/disinfecting, wipe with a cloth dampened with water and then with a clean dry cloth. To avoid residue build-up or damp surfaces, ensure the screen and scale parts are completely dry after cleaning.

2. Never use rough or abrasive materials to clean the scale, as these will damage the scale's finish.
3. Do not submerge the scale in water or any other liquid.
4. Do not pour or spray fluids directly on the scale.