

CALIBRATION

This scale has been factory calibrated, and does not require calibration prior to use. If required, the scale can be calibrated following the procedure below.

Note: Only weights certified and traceable to national standards are to be used for calibration procedures.

KL Model Calibration

KL model scales can be calibrated in pounds or kilograms. The default calibration weight unit is pounds. If you prefer to calibrate in kilograms you must first follow this procedure to change the calibration weight unit.

Caution: Please make sure you carefully and precisely follow the directions below as you will be in the PROGRAM MODE of your scale. Any modification outside of what is listed below may greatly affect the functionality of your scale.

To Change the Calibration Weight Mode to KG

1. Press the **ON/OFF** button to power on the scale. As soon as you turn on the scale, press the **ZERO** button once, the **KG/LB** button twice, and then the **ZERO** button once again. The scale will display "CAL".
2. Press the **▼** once and "PROG" will show on the display.
3. Press the **ENTER** button and OP1-0 or OP1-1 will be displayed.
4. Press the **UNITS** button to toggle between OP1-0 and OP1-1. Select OP1-0 to set your calibration weight in pounds. Select OP1-1 to set your calibration weight to kilograms.
5. After making your selection, press the **▼** until display reads "DONE"
6. Press the **ENTER** button, the scale will read "START", followed by a version code and then return to zero.
7. Turn the scale off. Then begin the calibration procedure below.

KG Model Calibration

KG models can only be calibrated in kilograms. Follow the calibration procedure below.

Calibration Procedure for KL and KG Models

The calibration weight must be no less than 60 lb (28 kg) and no more than 300 lb /150 kg. For optimum accuracy, Health o meter Professional Scales recommends calibrating at 300 lb / 150 kg.

| OPERATOR ACTION | DISPLAY |
|--|---------------------------------|
| Turn on the scale and while "START" is displayed, press the following keys in this sequence: ZERO, KG/LB, KG/LB, ZERO Note: You must press these keys while "START" is displayed, before the display shows zero. | "CAL" |
| Press ENTER . "Load" and "300.0" or "150.0" will appear on the display | "Load/300.0" or "Load/150.0" |
| Press ENTER to calibrate with 300 lb or 150 kg. To calibrate with a different amount, press BMI . Use the arrows to change the flashing digit, BMI to move to the next digit, until you reach the required weight (no less than 60lb and no more than 300lb). When the REQUIRED calibration weight is reached, press ENTER . "Clear" will appear on the display. | "CLEAR" |
| Clear the platform of any weight and press ENTER . Dashes will appear while the scale calibrates zero. | "-----" |
| Wait without touching or shaking the scale until the zero calibration process is finished. The display will then prompt for the calibration weight to be loaded. | "Put XXX.X" |
| Load the platform with the required weight and press ENTER . Dashes will appear on the display as the scale calibrates. | "-----" |
| When calibration is complete "DONE/CLEAR/XXX" will appear on the display. | "DONE/CLEAR/XXX" |
| Remove all weight from the platform. When all weight is cleared the scale will reboot and "StArt" will appear on the display followed by the software version and then return to "0.0". | "StArt"; numbers; "0.0" |

Refer to the next page should you experience any errors during the calibration procedure.